

# THE CHAKRA'S COMPLETION

## The Crown Chakra and its Channel

is almost finished and wide open to take in a higher light. Its color shifts in bright white and pearl together, and a bright golden light behind like a Sun and its Force. The best stone is a Transparent White Sapphire (possibly with a light tone towards yellow, but not towards blue).

## The upper chakra of the forehead (by the hairline)

is nowadays open and can in a more apparent way help with the Third Eye's further opening. Its white color shimmers, shifts and glitters like Water. It also has a very apparent shimmer of blue in it. The best stone is a Light Blue Aquamarine.

## The Third Eye

is bigger than before and it carries a much more clear and obvious force. We are going to heal with the chakras of the Third Eye and the Hands in a triangle while pre-creating. Its color glows of strength and is clear light blue, like Air and Wind. The best stone is a Blue Topaz.

## The Throat's Total Chakra

is again big and filled with possibilities and creative energies. It adjusts itself for new languages and possibilities of expression, such as for example the vibration language. The color is a soft green, like Plants, Plant force and newly sprung-out leaves. The best stone is a Green Peridot.

## The Thymus Total Chakra

is almost completed. It has found its balance now. Its light yellow color may be simple, but it carries its very own meaning. It stands for the Universe and far away stars. The best stone is a Gold Labradorite.

## The Heart Chakra's Whole

is now complete and shines clearly like the sun itself. The color is yellow with an apparent shimmer of gold. This chakra stands for Creational Force, but also other Divine Forces. The best stone is a Clear Yellow Sapphire.

## The Solar Plexus' Total Chakra

is and will always represent the strength within us and our courage. The color is clear golden yellow, like the metal gold. The best stone is a pure Gold Nugget.

## The Stomach's Total Chakra

is strong now, but not quite finished yet. It will carry the strength of emotion and the glow of the sensual feelings in the New Love\* together with the Base Chakra. The color shimmers, sparkles and glows with a deep yellow orange towards light red like Fire. The best stone is a Carnelian or a Fire Opal. The final stone when the chakra is finished will be Fire Opal.

## The Base's Total Chakra

is new and not as strong. Its color is red, like blood. It stands for Blood and Living Beings and Matter. The best stone is a Wine Red or Light Red to Blood Red

